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Member Resource

Title:	Four Corner Press
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Email Address:	jbguarino@gmail.com
Type of Activity or Resource:	Mini Lecture
Objective:	To develop a personal plan of invitational development
Recommended Age Group:	Adult
Materials Needed:	Handout 39A and Handout 39B
Time:	40 mins

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Handout 38.A Inviting/Disinviting

Small Group Leader: Please read the following and lead the group in a discussion of each question. Prepare a list of responses to share with the large group.

1. List several things in your organization that are inviting.

What are you doing well?

2. What might you do to strengthen those things?

3. List one thing in your organization that is disinviting.

What do you wish you could do better?

4. What might you do to change?

Strategy 39 Four Corner Press

Objective(s):

To acquaint the participants with forty-eight ways to cover the "Four Corner Press" and encourage them to develop a personal plan of invitational development.

Age:

Adult

Procedure:

1. Deliver the mini-lecture

The "Four Corner Press" is an Invitational Education concept which describes the importance of living a balanced life in terms of professional and personal responsibilities. Being personally inviting with ourselves is the cornerstone, as it provides the energy and vitality we need to extend to ourselves and to others. If we over invest in any one of the four corners listed, we run the risk of becoming fatigued and discouraged. A car needs all of its cylinders to function effectively—so do humans. (William Purkey)

2. Divide the participants into small groups.
3. Distribute Handout 39.A entitled "Four Corner Press" [page 108]—one per group. Ask the groups to discuss each quadrant. Encourage them to read the suggestions and expand on each area in their discussion.
4. Distribute Handout 39.B entitled "My Plan to be More Inviting" [page 109] to each participant. Ask them to complete them individually.
5. Ask the participants to choose a colleague and share their plan.
6. Possible processing questions:
 - A. "Is it easy to be intentionally inviting? Why or why not?"
 - B. Is it possible to be intentionally inviting all the time? Why or why not?
 - C. How will you follow through on your plan to be more inviting?

Handout 39.A Forty-eight Ways To Cover The "Four Corner Press"

Being Personally Inviting With Yourself

- Go shopping—buy new clothes.
- Take the stairs, not the elevator.
- Read a good book.
- Go for a walk.
- Grow a garden.
- Try a new recipe.
- Get enough sleep.
- Get regular medical care.
- Start a hobby.
- Practice positive self-talk.
- Fasten your seat belt.
- Try a new cereal.

Being Personally Inviting With Others

- Smile, be friendly.
- Use people's names.
- Carpool
- Invite friends over.
- Get to know your neighbors.
- Send notes/cards.
- Telephone a friend.
- Take time to listen.
- Invite someone to lunch.
- Share a hobby.
- Participate in a team sport.

Being Professionally Inviting With Yourself

- Read professional journals.
- Attend conferences and workshops.
- Get involved in research.
- Try new techniques and approaches.
- Dress professionally.
- Learn a new skill.
- Write articles for journals.
- Seek certification.
- Continue your education.
- Follow through on projects.
- Get there early.
- Be available as a speaker.

Being Professionally Inviting With Others

- Share information.
- Recognize accomplishments.
- Participate in workshops.
- Help the beginners.
- Join professional organizations.
- Be a mentor.
- Be prompt.
- Support prof. organizations.
- Have an optimistic attitude.
- Work cooperatively.
- Develop a network.

Handout 39.B My Plan To Be More Inviting

Name _____

How I Will Personally
Invite Myself:

How I Will Personally
Invite Others:

How I Will Professionally
Invite Myself:

How I Will Invite
My Colleagues:

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